

# THEODORE BENDEREV, M.D.

BOARD CERTIFIED UROLOGIST  
IPSI- A Medical Corporation  
26732 Crown Valley Pkwy, Suite 327  
Mission Viejo, CA 92691  
Phone 949-364-4400

Dear \_\_\_\_\_:

Thank you for choosing to schedule your appointment with Dr. Theodore Benderev for your vasectomy.

Enclosed please find the information packet necessary to complete your chart. In order to serve you in a timely manner, we ask that you complete the information **PRIOR** to your appointment and **bring** this information back with you at the time of your appointment. **Please do not mail these forms back to our office.**

If your paperwork is incomplete or forgotten, you may arrive 30 minutes early to fill out paperwork or we will likely have to reschedule your appointment. Also, please bring along your insurance card and any co-pay required for your visit.

We are located at 26732 Crown Valley Parkway in Suite #327. Please feel free to call us at (949) 364-4400 if you have any questions.

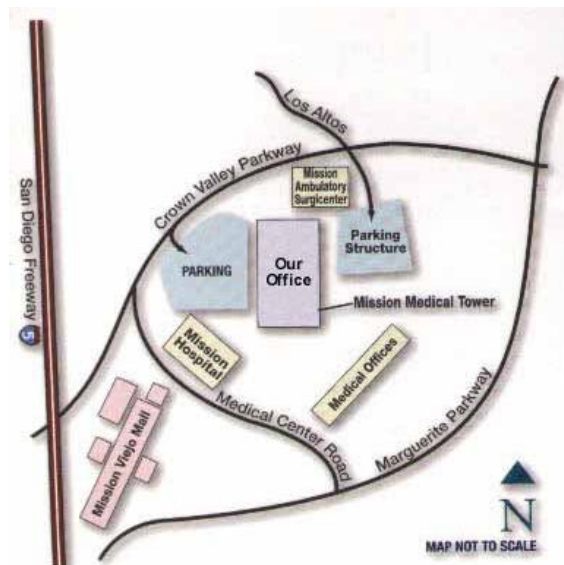
***Please remember to wear an athletic supporter (jock strap) when you arrive for your procedure. Make sure that you have a light meal on the morning of the procedure.***

Your appointment is on \_\_\_\_\_ at \_\_\_\_\_.

Thank you for scheduling with us and we look forward to serving you.

Sincerely,

Theodore Benderev, M.D.



**THEODORE V. BENDEREV, M.D.**

**PLEASE COMPLETE IN ITS ENTIRETY PATIENT INFORMATION SHEET**

(All information is necessary to bill your insurance for you) DATE: \_\_\_\_\_

LEGAL NAME - FIRST: \_\_\_\_\_ LAST: \_\_\_\_\_ MI \_\_\_\_\_

DO YOU WISH TO BE ADDRESSED BY ANOTHER NAME? IF YES, INDICATE NAME \_\_\_\_\_

STREET: \_\_\_\_\_ APT.# \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

HOME PHONE # ( ) \_\_\_\_\_ DRIVER'S LICENSE: \_\_\_\_\_ EXP. DATE: \_\_\_\_\_

IF WE CAN FAX AND/ OR E-MAIL MATERIAL TO YOU, PLEASE GIVE US YOUR FAX AND/ OR E-MAIL ADDRESS:

CELL#: ( ) \_\_\_\_\_ FAX# ( ) \_\_\_\_\_ E-MAIL \_\_\_\_\_

SOCIAL SECURITY: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_ SEX: F M

EMPLOYER: \_\_\_\_\_ POSITION: \_\_\_\_\_

EMPLOYER ADDRESS: \_\_\_\_\_

WORK PHONE # ( ) \_\_\_\_\_ MARRIED \_\_\_\_\_ SINGLE \_\_\_\_\_ DIVORCED \_\_\_\_\_ WIDOWED \_\_\_\_\_

YOUR PRIMARY CARE PHYSICIAN: \_\_\_\_\_ PHONE # ( ) \_\_\_\_\_

WHO REFERRED YOU TO OUR OFFICE? DR. / MR. / MRS. / MS. \_\_\_\_\_

IF NOT REFERRED, HOW DID YOU FIND OUT ABOUT US? \_\_\_\_\_

**INSURANCE INFORMATION: (PLEASE BRING YOUR INSURANCE CARD TO YOUR APPOINTMENT)**

IF YOU DO NOT HAVE PROOF OF INSURANCE, PAYMENT IS REQUIRED AT THE TIME SERVICE IS RENDERED.

MEDICARE # (IF APPLICABLE): \_\_\_\_\_

OTHER INSURANCE ID # \_\_\_\_\_ GROUP # \_\_\_\_\_ INSURANCE CO: \_\_\_\_\_

**RESPONSIBLE INSURED PARTY: (IF OTHER THAN PATIENT)**

FIRST NAME: \_\_\_\_\_ LAST: \_\_\_\_\_ MI: \_\_\_\_\_

SOCIAL SECURITY # \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

EMPLOYER: \_\_\_\_\_ DRIVER'S LICENSE # \_\_\_\_\_

RELATIONSHIP TO PATIENT: \_\_\_\_\_ SPOUSE'S NAME: \_\_\_\_\_ SPOUSE'S D.O.B. \_\_\_\_\_

**IN CASE OF EMERGENCY:**

NOTIFY: \_\_\_\_\_ PHONE # ( ) \_\_\_\_\_

RELATIONSHIP TO PATIENT: \_\_\_\_\_

ASSIGNMENT & RELEASE: I HEREBY AUTHORIZE THE DOCTOR WHOSE NAME APPEARS ABOVE TO FURNISH INFORMATION TO INSURANCE CARRIERS CONCERNING MY ILLNESS AND TREATMENTS AND IRREVOCABLY ASSIGN TO THE DOCTOR ALL PAYMENTS FOR MEDICAL SERVICES RENDERED TO MYSELF OR MY DEPENDENTS.

I HAVE READ AND FULLY UNDERSTAND THE 'FINANCIAL POLICIES'. I UNDERSTAND THAT I AM RESPONSIBLE FOR ANY AMOUNT NOT COVERED BY INSURANCE. FOR ANY BALANCES OVER 45 BUSINESS DAYS OUTSTANDING, I UNDERSTAND THERE MAY BE A \$5.00 MONTHLY FEE FOR BILLING SERVICE. A PHOTOCOPY OF THIS AUTHORIZATION IS AS VALID AND EFFECTIVE AS THE ORIGINAL.

SIGNED: \_\_\_\_\_ DATE: \_\_\_\_\_

**THEODORE V. BENDEREV, M.D.**  
**IPSI – A Medical Corporation**

**FINANCIAL POLICIES**

We welcome you to The Incontinence and Pelvic Support Institute (IPSI). We are able to concentrate on the practice of medicine and provide quality care by having our financial policies understood by our patients and by avoiding confusion or misunderstandings.

**As a courtesy to our patients, we will bill insurance claims with a maximum of two insurance carriers per patient. It is important to emphasize that your insurance is a contract between you and the insurance carrier. Our billing experience has taught us that while filing insurance claims is a courtesy extended to our patients, it is not a guarantee of payment. You will be billed directly for the services rendered if we have not been paid by your insurance carrier within 45 business days. You will then be responsible for the bill.**

Our office staff will bill secondary insurance if the responsible party has given permission to the insurance company to have the payment sent to us. For services not covered by Medicare, a separate arrangement can be made.

Drs. Benderev is not a participating physicians with Medi-Cal and therefore, cannot accept Medi-Cal insurance (including retro-active Medi-Cal coverage). For patients without insurance plans or for patients that are unable to provide an insurance card verifying current coverage, we require payment at the time services are rendered. If you do not have insurance or your insurance company does not pay for services rendered it is the patient's responsibility for payment in full. This also applies to patients requesting services who have insurance plans with whom we are not contracted, (e.g., out-of-network coverage). \_\_\_\_\_ **(patient's initials)**

All monies owed by the patient (e.g. co-payments, deductibles, required "out-of-pocket" amounts, non-covered services and co-insurance amounts) are due at the time services are rendered.

If your account is placed with a collection agency, due to non-payment, you will be responsible for any additional charges this may incur, including collection agency fees, attorney fees, court fees, and any other fees associated in collecting the balance due.

For patients having surgery, we are happy to provide an estimate of surgical charges. The estimate is based upon present expectations of the tests/procedures and/or services that will be required for your care. Additional services may become necessary and we will attempt to inform the patient as the need for additional services are identified.

Any patient that is seen or treated at IPSI without proper authorization from their insurance carrier is responsible for the full charge of the services rendered if no payment is authorized retrospectively.

Any services rendered by the IPSI that are not a covered benefit of your insurance policy are your responsibility to pay. Our staff will assist you to the best of their knowledge in dealing with your insurance company but it is your responsibility to know and understand your insurance policy.

We accept cash, check, VISA or Master Card. We are willing to work with any patient requesting a financial payment plan. There will be a \$20 charge for each check that is returned for insufficient funds.

We hope you find this information helpful. Please feel free to ask our office staff if you require any further assistance.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# PRECAUTIONS FOR SURGERY

All patients must stop taking aspirin and aspirin products as well as ibuprophen for **2 weeks** prior to their vasectomy. These drugs and other nonsteroidal anti-inflammatory drugs are anticoagulants which can cause bleeding problems during and following the procedure.

## **THE FOLLOWING COMPOUNDS ARE TO BE AVOIDED: FOR 10 TO 14 DAYS PRIOR TO SURGERY.**

(Contact your general physician if there is any question whether you need the medicine.)

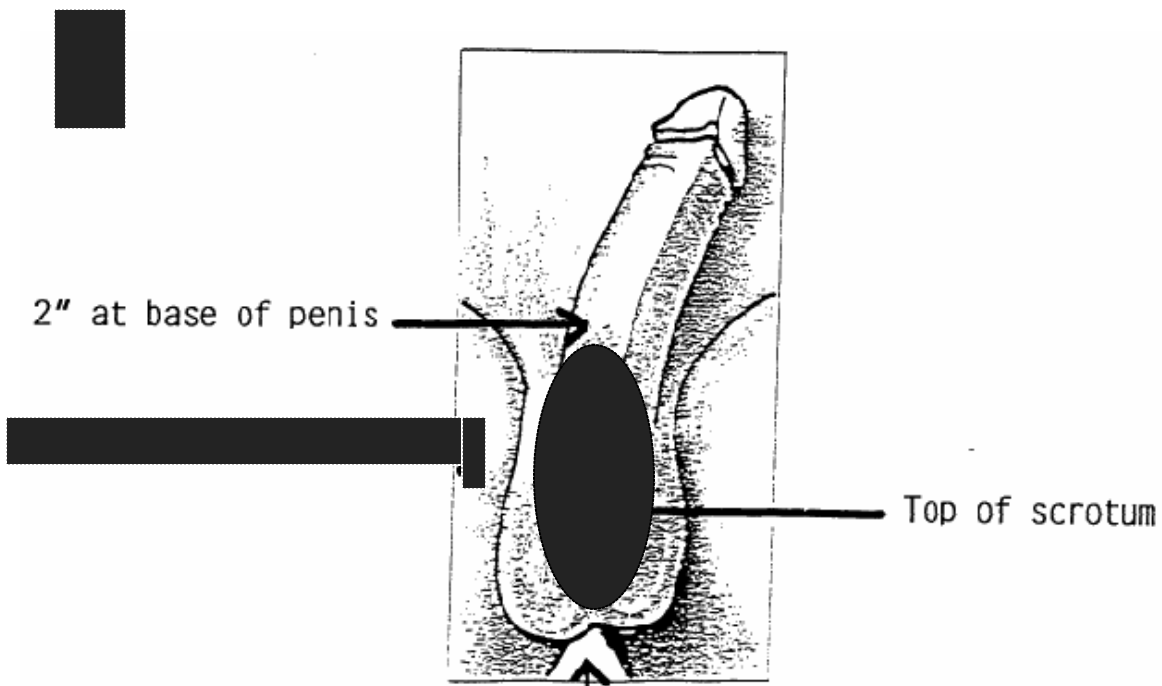
ADVIL	COPE	IBUPROPHEN	RELAFEN
ALKA	CORICIDIN	INDOCIN	ROBAXISAL
ALLEVE	DAMASON	LODINE	SALTFLEX
SELTZER	DARVON	MEASURIN	SINE AID
ANACIN	COMPOUND	MEDIPRIN	STENDIN
ANAPROX	DISALCID	MIDOL	SINE OFF
ARTHOTEC	DOLOBID	MOBIC	SUPAC
ASCRIPTIN	DRISTAN	MOTRIN	SYNALGOS
ASPRIN	DURAGESIC	NALFON	PAC
BAYER	ECOTRIN	NAPROSYN	SYNALGOS DC
ASPRIN	EMPIRIN	NAPRELAN	TOLECTIN
BEXTRA	EQUAGESIC	NORGESIC	TORADOL
BUFFERIN	EXCEDERIN	NUPIN	TRILAMINCAN
CAMA	FELEDENE	ORUDIS	TRILISATE
CATAFLAM	FIORINAL	ORUVAIL	VANQUISH
CELEBREX	FOUR WAY	PAC	VIOXX
CHERACOL	COLD	PANALGESIC	VOLTAREN
CLINORIL	HALFPRIN	PERCODIN	
CONGESPRIN	HALTRAN	PONSTEL	

## **ALSO AVOID "HERBAL" COMPOUNDS PRIOR TO SURGERY.**

A number of herbal remedies have side effects that could complicate a surgical procedures by inhibiting blood clotting, affecting blood pressure, or interfering with anesthetics. Ginkgo biloba, feverfew, garlic, ginger, and ginseng have all been shown to interfere with the function of platelets. The use of herbal preparations in the United States has risen dramatically over the past decade. Although we do not have the exact rate of complications form herbs, the potential for them to cause a problem is real.

## SHAVING INSTRUCTIONS FOR THE DAY OF VASECTOMY

**On the day of the procedure you should shave the hair  
at the top of the scrotum and  
the 2 inches at the base of the penis.**



**PLEASE SHAVE ON THE DAY OF THE PROCEDURE,  
NOT THE NIGHT BEFORE.**

**ALSO, PLEASE REMEMBER TO WEAR AN ATHLETIC  
SUPPORTER WHEN YOU COME FOR YOUR PROCEDURE.**

**Theodore Val Benderev, M.D.**  
**Urology**

IPSI- A Medical Corporation  
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Phone 949-364-4400

**PATIENT VASECTOMY QUESTIONNAIRE**

**Patient Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Referred by:** \_\_\_\_\_

**Describe the health care that you are seeking care today:**

**(Chief Complaint)**

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Your **age:** \_\_\_\_\_ years old

**This section for doctor use only**

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**VASECTOMY HISTORY (Begin Here)**

Have you had an infection in the testicle area?    Yes    No

Have you ever been injured in the scrotal area    Yes    No

If so, please describe \_\_\_\_\_  
\_\_\_\_\_

Have you ever had an inguinal hernia repair    Yes    No

Have you had prostatitis (inflammation of the prostate) before?    Yes    No

If yes, what medication were you treated with and for how long?

\_\_\_\_\_  
\_\_\_\_\_

Is there anyone in your family who has had Prostate cancer?    Yes    No

If so, which relative was is he? \_\_\_\_\_

Are you having sexual problems?  
Yes    No

Have you had any conditions affecting the urine, kid neys, bladder, prostates, testicles or penis?

\_\_\_\_\_  
\_\_\_\_\_

What main Internet search engine do you use?  
\_\_\_\_\_

Have you had reviewed Vasectomy.com for information on vasectomies?

Yes No

**Patient Name:** \_\_\_\_\_

What, if any, additional questions or concerns do you have?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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## Your Past Medical & Surgical History:

**Illnesses** – please circle all that apply and list others:

High blood pressure	Diabetes	Bleeding problems	Kidney problems
Heart disease	Arthritis	Liver disease/hepatitis	Stomach ulcers/reflux
Heart arrhythmia	Osteoporosis	Glaucoma	Thyroid problem
Cancer type _____	Stroke	Heart murmur	Venereal diseases
Other _____			
Other hospitalizations _____			

**Operations** – list any operations you have had and the year of the procedure  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Fractures & Injuries** – list any fractures or serious accidents you have had:  
\_\_\_\_\_  
\_\_\_\_\_

**Medications** – list all prescription and non-prescription medications you use with the **doses**:  
(include aspirin, hormones, birth control pills, laxatives, vitamins, calcium and others)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**ALLERGIES** (include medication, iodine, seafood, latex & others)

**REACTION**

_____	_____
_____	_____
_____	_____

**Your Family's Medical History** – list illnesses of your blood relatives (include heart disease, diabetes, cancer, high blood pressure, kidney disease, gout, osteoporosis, bleeding problems)

**Living relations**

**Illness**

**Deceased relations**

**Illness/Cause of death**

_____	_____	_____	_____
_____	_____	_____	_____

**Social History** – please circle or fill in the blank

**Patient Name:** \_\_\_\_\_

Tobacco use:      Never      Presently      Past (year quit \_\_\_\_\_)  
Alcohol use:      None      Occasional      Regular \_\_\_\_\_  
Your occupation: \_\_\_\_\_ Are you retired? Yes No

Marital status:      Single      Married      Divorced      Widowed  
Your partner's name: \_\_\_\_\_ Partner's occupation \_\_\_\_\_  
How long have you been married to your present wife? \_\_\_\_\_ years  
Is the marriage stable? Y or N

Children by this marriage

Name	Ages	Sex	Health
_____			
_____			
_____			
_____			

Children from previous marriage: \_\_\_\_\_ Ages: \_\_\_\_\_ How many children are living with you: \_\_\_\_\_

**Complete Review of Systems** Circle any current or recent problems with the following:

CONSTITUTIONAL

Any recent weight change      Y      N  
Fever or chills      Y      N  
Headache      Y      N

INTEGUMENTARY (SKIN)

Skin rash      Y      N  
Itching      Y      N

CARDIOVASCULAR

Chest pain or angina      Y      N  
Swelling of legs      Y      N  
Varicose veins      Y      N

RESPIRATORY

Cough      Y      N  
Wheezing      Y      N  
Shortness of breath      Y      N

HEMATOLOGIC/LYMPHATIC

Easy bruising or bleeding      Y      N  
Anemia      Y      N  
Swollen glands      Y      N

GASTROINTESTINAL

Abdominal pain      Y      N  
Nausea or vomiting      Y      N  
Blood in stool      Y      N  
Black stool      Y      N  
Recent change in stool      Y      N  
Heartburn/indigestion      Y      N  
Hemorrhoids      Y      N

MUSCULOSKELETAL

Joint pain      Y      N  
Back pain      Y      N  
Neck pain      Y      N

GENITOURINARY

Leaking urine      Y      N  
Frequent urinary infections      Y      N  
Urinary retention      Y      N

NEUROLOGIC

Numbness/tingling      Y      N  
Tremors      Y      N  
Seizures      Y      N  
Dizziness      Y      N