THEODORE BENDEREV, M.D.

CERTIFIED BY THE AMERICAN BOARD OF UROLOGY IPSI- A Medical Corporation 26732 Crown Valley Pkwy, Suite 327 Mission Viejo, CA 92691 Phone 949-364-4400

| Those 515 501 1100 |
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| Dear: |
| Thank you for choosing to schedule your appointment with Dr. Theodore Benderev for your vasectomy. |
| Enclosed please find the information packet necessary to complete your chart. In order to serve you in a timely manner, we ask that you complete the information PRIOR to your appointment and bring this information back with you at the time of your appointment. Please do not mail these forms back to our office. If your paperwork is incomplete or forgotten, you may arrive 30 minutes early to fill out paperwork or we will likely have to reschedule your appointment. |
| Please bring with you your insurance card and driver's license. Deductibles and co-payments are due and will be collected at the time of your visit. You will be responsible for payment at the time of service if you arrive without your insurance card. Your insurance is a contract between you and your carrier. Our staff will assist you to the best of their ability in dealing with your insurance company, but it is your responsibility to know and understand your insurance policy and coverage of your plan before you arrive for your visit. If you are choosing to use your Point of Service or Out of Network Options, we recommend that you contact your insurance carrier prior to coming to our office and notify them that you are using this option for our doctors. |
| We are located at 26732 Crown Valley Parkway (in the Mission Medical Tower) in Suite #327. Paid parking is available in the covered parking structure. Our office can be reached by turning at Los Altos off of Crown Valley Parkway. (See diagram below.) We do not validate parking. Please feel free to call us at (949) 364-4400 if you have any questions. |
| Please remember to wear long pants and wear an athletic supporter (jock strap) or tight briefs when you arrive for your procedure. Make sure that you have a light meal on the morning of the procedure. |
| Your appointment is on at |
| Thank you for choosing us for your vasectomy and we look forward to serving you. |



Sincerely,

Theodore V. Benderev, M.D.

THEODORE V. BENDEREV, M.D.

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THEODORE V. BENDEREV, M.D.

FINANCIAL POLICIES

We welcome you to our office. We are able to concentrate on the practice of medicine and provide quality care by having our financial policies understood by our patients and by avoiding confusion or misunderstandings.

| Filing insurance claims is a courtesy extended to our patients and is not a guarantee of payment. We will bill insurance claims with a maximum of two insurance carriers per patient. It is important to emphasize that your insurance is a contract between you and the insurance carrier. Insurance plans and contracts change constantly. It is your responsibility to contact your insurance company and verify your benefits and verify that your doctor is a contracted provider in your network PRIOR to your visit. You will be financially responsible for the services rendered if we have not been paid by your insurance carrier within 45 business days. (patient's initials) |
|---|
| Drs. Benderev is a participating physician with Medicare and accepts assignment for all covered Medicare services. Medicare pays 80% of approved charges and the patient is responsible for the other 20%, after the annual deductible is met. Our office staff will bill secondary insurance if the responsible party has given permission to the insurance company to have the payment sent to us. |
| Dr. Benderev is not a participating physician with Medi-Cal and therefore, cannot accept Medi-Cal insurance (including retro-active Medi-Cal coverage). For patients without insurance plans or for patients that are unable to provide an insurance card verifying current coverage, we require payment at the time services are rendered. If you do not have insurance or your insurance company does not pay for services rendered it is the patient's responsibility for payment in full. This also applies to patients requesting services that have insurance plans with which we are not contracted, (e.g., out-of-network coverage) (patient's initials) |
| All services rendered by Dr. Benderev that is not a covered benefit of your insurance policy is your responsibility to pay. Any patient that is seen or treated without proper authorization from their insurance carrier is responsible for the full charge of the services rendered if no payment is authorized retrospectively. All monies owed by the patient (e.g. co-payments, deductibles, required "out-of-pocket" amounts, non-covered services and co-insurance amounts) are due at the time services are rendered (patient's initials) |
| If your account is placed with a collection agency, due to non-payment, you will be responsible for any additional charges this may incur, including a monthly interest and penalty fee, collection agency fees, attorney fees, court fees, and any other fees associated in collecting the balance due (patient's initials) |
| While we understand there may be times when our patients need to cancel their appointments, we have found it necessary to implement a "Cancellation and No-Show Policy". Any patient who fails to arrive for a scheduled appointment without canceling the appointment at least 24 hours prior to the scheduled time is considered a "no-show." A no-show patient scheduled for an office visit may be charged \$40.00. A no-show patient scheduled for a procedure or diagnostic test may be charged \$100.00. No-show charges are not billable to your insurance company and are your responsibility to pay (patient's initials) |
| We are willing to work with any patient requesting a financial payment plan. There will be a \$45 charge for each check that is returned for insufficient funds. |
| We hope you find this information helpful. Please feel free to ask our office staff if you require any further assistance. |
| Patient Signature: Date: |

PRECAUTIONS FOR SURGERY

All patients anticipating surgical procedures must stop taking aspirin and aspirin products as well as ibuprophen for **10-14 days prior** to procedure. These drugs and other nonsteroidal anti-inflammatory drugs are anticoagulants (blood thinners) which can cause bleeding problems during and following the procedure.

THE FOLLOWING COMPOUNDS ARE TO BE AVOIDED: FOR 10 TO 14 DAYS PRIOR TO SURGERY.

(Contact your general physician if there is any question whether you need the medicine.)

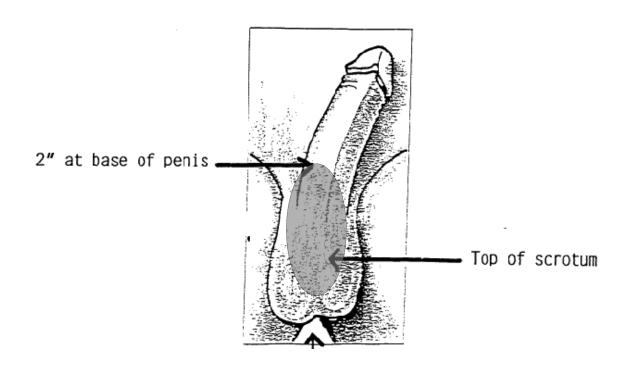
| ADVIL | COPE | IBUPROPHEN | RELAFEN |
|--------------|-----------|------------|-------------|
| ALKA SELTZER | CORICIDIN | INDOCIN | ROBAXISAL |
| ALEVE | DAMASON | LODINE | SALTFLEX |
| SELTZER | DARVON | MEASURIN | SINE AID |
| ANACIN | COMPOUND | MEDIPRIN | STENDIN |
| ANAPROX | DISALCID | MIDOL | SINE OFF |
| ARTHOTEC | DOLOBID | MOBIC | SUPAC |
| ASCRIPITIN | DRISTAN | MOTRIN | SYNALGOS |
| ASPRIN | DURAGESIC | NALFON | PAC |
| BAYER | ECOTRIN | NAPROSYN | SYNALGOS DC |
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| BEXTRA | EQUAGESIC | NORGESIC | TORADOL |
| BUFFERIN | EXCEDERIN | NUPIN | TRILAMINCAN |
| CAMA | FELEDENE | ORUDIS | TRILISATE |
| CATAFLAM | FIORINAL | ORUVAIL | VANQUISH |
| CELEBREX | FOUR WAY | PAC | VIOXX |
| CHERACOL | COLD | PANALGESIC | VOLTAREN |
| CLINORIL | HALFPRIN | PERCODIN | |
| CONGESPRIN | HALTRAN | PONSTEL | |

ALSO AVOID "HERBAL" COMPOUNDS PRIOR TO SURGERY.

A number of herbal remedies have side effects that could complicate surgical procedures by inhibiting blood clotting, affecting blood pressure, or interfering with anesthetics. Ginkgo biloba, feverfew, garlic, ginger, and ginseng have all been shown to interfere with the function of platelets - necessary for clotting. The use of herbal preparations in the United States has risen dramatically over the past decade. Although we do not have the exact rate of complications form herbs, the potential for them to cause a problem is real.

SHAVING / CLIPPING INSTRUCTIONS FOR THE DAY OF VASECTOMY

On the day of the procedure you should (shave or) preferably clip the hair at the bottom 2 inches of the penis and the top/front of the scrotum.



PLEASE CLIP OR SHAVE ON THE <u>DAY OF</u> THE PROCEDURE, <u>NOT THE NIGHT BEFORE.</u>

ALSO, PLEASE REMEMBER TO <u>WEAR</u> AN ATHLETIC SUPPORTER OR TIGHT BRIEFS WHEN YOU COME FOR YOUR PROCEDURE.

Theodore Val Benderev, M.D. Urology IPSI- A Medical Corporation

IPSI- A Medical Corporation 26732 Crown Valley Pkwy, Suite 327 Mission Viejo, CA 92691 Phone 949-364-4400

PATIENT VASECTOMY QUESTIONNAIRE

| Patient Name: | | | Date: | | |
|---|--|--|--|-----|--|
| Referred by: | | | | | |
| Describe the health care that you are | seeking to | oday: | | | |
| (Chief Complaint) | | | | | |
| VASECTOMY HISTORY | | | | | |
| Have you had an infection in the testicle are | ea? Yes | No | Is there anyone in your family who has had prostate cance Yes No | er? | |
| Have you had prostatitis? | Yes | No | If so, which relative was is he? | _ | |
| If yes, what medication were you treated with and for how long? | | Have you had any conditions affecting the urine, kidneys bladder, prostates, testicles or penis? | , | | |
| | | | How long ago did you first consider a vasectomy? | | |
| Have you ever been injured in the scrotal ar | ea? Yes | No | weeks ago month(s) ago year(s) ago | | |
| If so, describe | | | Please indicate if you have reviewed information on either | er | |
| Have you ever had an inguinal hernia repair | :? Yes | No | of these two websites: | | |
| Are you having sexual problems? Ye | s No | | [] Vasectomy.MD [] Vasectomy.com What, if any, additional questions or concerns do you have | /e? | |
| Past Illnesses – please circle all that app | oly and lis | t others: | | | |
| NONE [] | Heart disease Hepatitis | | Myocardial Infarction (MI) Cancer, type | | |
| Bleeding Disorder Diabetes Other | Hypertension Renal Stones Hypothyroidism | | | | |
| Past Surgeries – list any operations you NONE [] | ı have had | and the | year of each procedure | | |
| NONE [] | control pi | ills, laxa | nedications you use with their doses: atives, vitamins, calcium and others) | | |
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| Patient Name: | Date: |
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| ALLERGIES (include medication, iodine, seafood, | , latex & others) REACTION |
| NONE [] | |
| Your Family's Medical History – list illnesses of blood pressure, bleeding problems) Living relations Illness | Pyour blood relatives (include heart disease, diabetes, high Deceased relations Illness/Cause of death |
| Social History – please circle or fill in the blank. Marital status: Single Married Div. Your occupation: How long have you been in your current relation. Is your relationship stable? Yes No How many children do you have? | onship? months / years |
| | nst: less than 5 years ago more than 10 years ago never drink |
| Review of Systems Please circle all s | ymptoms that you currently have: |
| Constitutional Fever Ears/Nose/Throat/Neck Sore Throat | Musculoskeletal Joint aches (arthralgias) Back Pain |
| Cardiovascular Chest Pain Palpitations Edema (swelling) | Dermatologic Rash, location: Neurologic Dizziness Headaches |
| Respiratory Cough Gastrointestinal Abdominal Pain | Psychiatric Anxiety Depression |
| Nausea Diarrhea | Endocrine Change in sex drive (libido) |
| Genitourinary / Nephrology Dysuria (burning with urination) Hematuria (blood in urine) | Hematologic Easy Bleeding Easy Bruising |