

Cleveland Clinic Vein and Vascular Center, Mayfield Heights

At the Cleveland Clinic Vein and Vascular Centers, our staff has vast experience in treating all types of vein problems, ranging from common spider veins to the most complex vein conditions. Our staff of Cleveland Clinic vascular specialists is prepared to offer expert evaluation, diagnostics and the latest treatment options that are best for you. Dedicated only to vein treatment, our center combines state-of-the-art equipment in a calm, soothing atmosphere.

Cleveland Clinic Heart & Vascular Institute

Vein Care Locations

Cleveland Clinic Vein and Vascular Center in Mayfield Heights

6801 Mayfield Rd. Building 2, Ste. 146B Mayfield Heights, OH 44124 To schedule an appointment, please call 440.461.1150

Twinsburg Medical Offices

2365 Edison Blvd., Ste. 100 Twinsburg, OH 44087 To schedule an appointment, please call 440.461.1150

Cleveland Clinic Vein and Vascular Center in Westlake

850 Columbia Road, Suite 102 Westlake, Ohio 44145 To schedule an appointment, please call 440.250.5760

For more information visit clevelandclinic.org/veintreatment

Cleveland Clinic

9500 Euclid Avenue, Cleveland, OH 44195

Cleveland Clinic is a nonprofit, multispecialty academic medical center. Founded in 1921, it is dedicated to providing quality specialized care and includes an outpatient clinic, a hospital with more than 1,300 staffed beds, an education institute and a research institute.

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Beautiful Healthy Legs: Help for Varicose and Spider Veins



If you suffer from varicose or spider veins, you're not alone. In fact, 30 to 60 percent of adults suffer from these sometimes embarrassing or painful conditions. Thankfully, more options are available today then ever before.



Thorough evaluation is critical to achieving the best treatment results. Our staff uses state-of-the-art equipment to perform vascular ultrasound exams prior to treatment. These exams identify the exact location and depth of the veins, providing for a quicker, less-painful experience – with better results.

Our expert staff includes board-certified vascular medicine and surgery specialists, as well as registered vascular technologists (RVT). Our lab is accredited by the Intersocietal Commission for the Accreditation of Vascular Laboratories (ICAVL).

TREATMENT OPTIONS

The goals of treatment are to reduce symptoms and prevent complications. Since not all varicose and spider veins require medical treatment, the goal of treatment may be simply to improve the appearance of the vein. Our team works with patients to tailor a treatment plan to best suit their needs.

Sclerotherapy – A medical procedure, in use since the 1930s, which injects a solution directly into the varicose veins. Over time, the vessel turns into scar tissue that fades from view. Several sclerotherapy treatments may be required to achieve the desired results.

Sclerotherapy is a simple procedure that can be performed in the doctor's office. Sclerotherapy can eliminate the pain and discomfort of varicose veins and helps prevent complications such as venous hemorrhage and ulceration. It is also frequently performed for cosmetic reasons.

Our vascular experts have experience using the full spectrum of sclerotherapy agents available.

Laser ablation – A treatment that uses specialized laser light energy to selectively damage or destroy abnormal veins. The advantage of this method is that it is quicker and less painful compared to traditional surgical options. Patients are back to their everyday life immediately. The procedure may be done in conjunction with other treatments or on its own.

Radiofrequency ablation – A heat-tipped catheter is used to close off major leg veins, causing associated varicose veins to shrink. This usually resolves swelling, discomfort, pain, achiness, spontaneous bleeding or other common symptoms of varicose veins. This treatment is a good choice for many patients, although if the leg vein is too large or too small or if it is not sufficiently straight, other surgical options may be preferred.



Micro-incision phlebectomy – A minimally invasive procedure using tiny incisions or punctures to remove large varicose veins. It is performed in the physician's office. Stitches are not required necessarily, and return to normal activity is immediate. It is often done in conjunction with laser therapy and return to routine activity is immediate.

Surgical options – Surgery may be the best treatment when varicose veins are severe and associated with problems such as bleeding, or symptoms including pain or swelling. Several surgical treatments are available. Surgical treatments are performed in the hospital or outpatient setting by a vascular surgeon.

Often treatment may require a combination of these treatments to obtain the best results.

MAKING AN APPOINTMENT

To schedule an appointment at Cleveland Clinic Vein and Vascular Center in Mayfield Heights or Twinsburg, please call **440.461.1150**. For an appointment in Westlake, please call **440.250.5760**.